



Do You Know What To Do In An Emergency?



WHY TAKE THE C.E.R.T. TRAINING?

Well, it's like paying for car insurance. You might never need it; in fact you hope you won't. But if the occasion arises, having the C.E.R.T. training, just like having car insurance, means you're as ready as you can be to help yourself, your family and your neighborhood in an emergency situation.

Class members receive 21 hours (one day a week for three weeks) of initial training. C.E.R.T. is provided free of charge within the city of Barstow to anyone 18 or over. Classes are taught three to four times a year. We will come to your location. Classes can be held anywhere in the City of Barstow.

C.E.R.T. members are trained in basic disaster response skills such as fire safety, light search and rescue, team organization and disaster medical operations. You will learn how to prepare for emergencies; what supplies you should NOW have in your house, how much food, how much water but most importantly, how to protect your family in an emergency!

It is important to know, if a major disaster occurs, the fire department, paramedics, and police...MIGHT NOT ARRIVE FOR UP TO 72 HOURS! They will be deployed FIRST to major incidents such as collapsed buildings and fires. That is why you constantly hear...You MUST be prepared to take care of yourself. In the C.E.R.T. course we say...

“The Greatest Good for the Greatest Number of People”

When you are trained, you are far more equipped to deal with your circumstances without needing aid from outside sources.

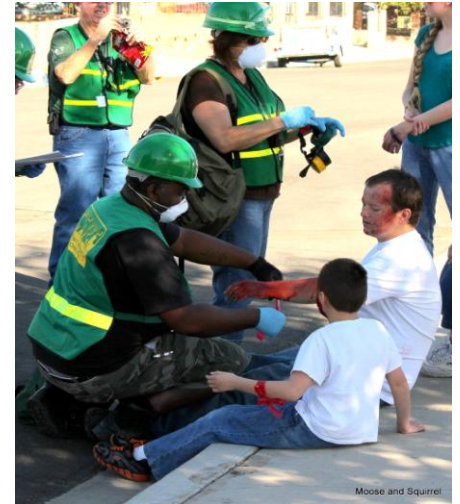
Remember:

C.E.R.T. Classes Are FREE!

C.E.R.T. COURSE CLASS TOPICS

- Personal & Family Preparedness
- Earthquake Preparation
- Disaster Preparedness
- Team Organization
- Disaster Psychology
- Medical Operations
- Medical Triage
- Damage Assessment
- Fire Suppression
- Fire Chemistry
- Hazardous Materials
- Utility Control
- Light Search & Rescue
- Full Disaster Simulation

C.E.R.T. Basic training has critical information for you and your family's survival in an emergency.



If a major earthquake hits, do you:

- Have enough supplies for a minimum of 72 hours up to an entire month for all family members, including pets?
- Know how to turn off the gas?
- Know how to safely turn off the power?
- Know how to apply first aid?
- Have enough water for all of your family and your pets?
- Have provisions for living outside your home for a length of time if the structure is compromised?



*Barstow C.E.R.T. team members
practice cribbing during a disaster
simulation*

For more information and to sign up for
classes, see us on the web at:

barstowcert.org/register

or call Dale at: 760-985-5513